Melissa is an experienced business professional who is passionate about inspiring others. After a career in business and HR, she founded the O'Hara Solutions Group to help organizations solve complex problems.

As an expert facilitator and coach, Melissa's unique skill set allows her to combine techniques from a variety of disciplines. With her distinctive style and holistic approach, she guides clients to see new possibilities, find flexible solutions, and achieve accelerated results. Melissa has provided live workshops throughout the US, Canada and the UK; and facilitated virtual events across the globe.