

FREE UNITED WAY-SUPPORTED COMMUNITY RESOURCES

United Way of Central and Northeastern Connecticut is committed to helping people access information and resources that help people achieve their short- and long-term goals! Visit unitedwayinc.org/resources for more information on these offerings and more.

UNITED WAY 211

2-1-1

Connecticut

Free information and referral services available to all Connecticut residents.

- Free and confidential
- Connects people with essential health and human services 24/7/365
- Available online at 211ct.org or over the phone by dialing 2-1-1
- Multilingual

988 LIFELINE

988 SUICIDE & CRISIS LIFELINE

24/7 CALL, TEXT, CHAT

Free, confidential emotional support for people across Connecticut in distress.

- Prevention and crisis resources for you or your loved ones
- Builds awareness, advances suicide prevention, empowers individuals and advances professional best practices
- Support for people experiencing suicidal crisis or emotional distress 24/7
- Available online at 988lifeline.org or over the phone by dialing or texting 9-8-8
- Bilingual

COMCAST INTERNET ESSENTIALS

Fast, reliable, free – get Internet Essentials at no cost when you qualify for and enroll in the Affordable Connectivity Program.

internet»
essentials
FROM COMCAST

- Up to 50 Mbps plus free equipment, no credit check and no term contract
- Good for working and learning from home, streaming movies and shows, uploading photos and more
- Visit xfinity.com/learn/internet-service/internet-essentials to learn more and sign up

VOLUNTEER INCOME TAX ASSISTANCE (VITA) AND MYFREETAXES

VITA
Volunteer Income
Tax Assistance

Free, professional income tax filing to qualifying households.

- Save an average of \$200+ in tax preparation fees
- Get your refunds FAST (two weeks on average)
- IRS certified volunteers help filers access every tax credit and refund available
- Visit 211ct.org/taxhelp to see if you qualify and to schedule your VITA appointment during tax season
- Households with a simple return can file their federal and state taxes for free online at MyFreeTaxes.com